

How Much Water Do You Use?

Have you ever thought about how much water you use in one day, one week, or one month?

We use water for many things: cooking, cleaning, drinking, playing, etc. A simple task such as brushing your teeth can use up to 2 gallons of water! Simply turning the faucet off while brushing and only turning the water on to rinse can save 1.5 or more gallons! How else can you conserve water throughout the day?

Items Needed:

- Writing utensil, markers, crayons, etc.
- Paper

Key topic: Water availability/water use, Water conservation

Grade level: This activity can be adapted for many age groups

Duration: 20 Minutes

Objective: Learn how much water you use in a day and how you can reduce the amount of water used over time.

Activity Steps:

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Water Use:

Brushing your teeth (leave the tap running)	5 gallons
Brushing your teeth (turn the tap off)	1/2 gallon
Taking a bath	70 gallons
Five-minute shower	12 1/2 gallons
Hand-washing dishes	30 gallons
Running the dishwasher	9 gallons
Running the washing machine	30 gallons

Learn more: groundwater.org